

**CAP PARIS -
DÉBUT DE SEMAINE**

Cours le lundi et mardi de 9h à 12h et de 13h à 17h

420H DE FORMATION

| sept. 2024 | oct. 2024 | nov. 2024 | déc. 2024 | janv. 2025 | févr. 2025 | mars 2025 | avr. 2025 | mai 2025 | juin 2025 | juil. 2025 | août 2025 |
|------------|-----------|-----------|-----------|------------|------------|-----------|-----------|----------|-----------|------------|-----------|
| 1 D | 1 M CAP | 1 V | 1 D | 1 M | 1 S | 1 S | 1 M CAP | 1 J | 1 D | 1 M | 1 V |
| 2 L | 2 M | 2 S | 2 L CAP | 2 J | 2 D | 2 D | 2 M | 2 V | 2 L | 2 M | 2 S |
| 3 M | 3 J | 3 D | 3 M CAP | 3 V | 3 L CAP | 3 L CAP | 3 J | 3 S | 3 M | 3 J | 3 D |
| 4 M | 4 V | 4 L CAP | 4 M | 4 S | 4 M CAP | 4 M CAP | 4 V | 4 D | 4 M | 4 V | 4 L |
| 5 J | 5 S | 5 M CAP | 5 J | 5 D | 5 M | 5 M | 5 S | 5 L CAP | 5 J | 5 S | 5 M |
| 6 V | 6 D | 6 M | 6 V | 6 L CAP | 6 J | 6 J | 6 D | 6 M CAP | 6 V | 6 D | 6 M |
| 7 S | 7 L CAP | 7 J | 7 S | 7 M CAP | 7 V | 7 V | 7 L CAP | 7 M | 7 S | 7 L | 7 J |
| 8 D | 8 M CAP | 8 V | 8 D | 8 M | 8 S | 8 S | 8 M CAP | 8 J | 8 D | 8 M | 8 V |
| 9 L CAP | 9 M | 9 S | 9 L CAP | 9 J | 9 D | 9 D | 9 M | 9 V | 9 L | 9 M | 9 S |
| 10 M CAP | 10 J | 10 D | 10 M CAP | 10 V | 10 L CAP | 10 L CAP | 10 J | 10 S | 10 M | 10 J | 10 D |
| 11 M | 11 V | 11 L | 11 M | 11 S | 11 M CAP | 11 M CAP | 11 V | 11 D | 11 M | 11 V | 11 L |
| 12 J | 12 S | 12 M CAP | 12 J | 12 D | 12 M | 12 M | 12 S | 12 L CAP | 12 J | 12 S | 12 M |
| 13 V | 13 D | 13 M | 13 V | 13 L CAP | 13 J | 13 J | 13 D | 13 M CAP | 13 V | 13 D | 13 M |
| 14 S | 14 L CAP | 14 J | 14 S | 14 M CAP | 14 V | 14 V | 14 L | 14 M | 14 S | 14 L | 14 J |
| 15 D | 15 M CAP | 15 V | 15 D | 15 M | 15 S | 15 S | 15 M | 15 J | 15 D | 15 M | 15 V |
| 16 L CAP | 16 M | 16 S | 16 L CAP | 16 J | 16 D | 16 D | 16 M | 16 V | 16 L | 16 M | 16 S |
| 17 M CAP | 17 J | 17 D | 17 M | 17 V | 17 L | 17 L CAP | 17 J | 17 S | 17 M | 17 J | 17 D |
| 18 M | 18 V | 18 L CAP | 18 M | 18 S | 18 M | 18 M CAP | 18 V | 18 D | 18 M | 18 V | 18 L |
| 19 J | 19 S | 19 M CAP | 19 J | 19 D | 19 M | 19 M | 19 S | 19 L CAP | 19 J | 19 S | 19 M |
| 20 V | 20 D | 20 M | 20 V | 20 L CAP | 20 J | 20 J | 20 D | 20 M CAP | 20 V | 20 D | 20 M |
| 21 S | 21 L | 21 J | 21 S | 21 M CAP | 21 V | 21 V | 21 L | 21 M | 21 S | 21 L | 21 J |
| 22 D | 22 M | 22 V | 22 D | 22 M | 22 S | 22 S | 22 M | 22 J | 22 D | 22 M | 22 V |
| 23 L CAP | 23 M | 23 S | 23 L | 23 J | 23 D | 23 D | 23 M | 23 V | 23 L | 23 M | 23 S |
| 24 M CAP | 24 J | 24 D | 24 M | 24 V | 24 L | 24 L CAP | 24 J | 24 S | 24 M | 24 J | 24 D |
| 25 M | 25 V | 25 L CAP | 25 M | 25 S | 25 M | 25 M CAP | 25 V | 25 D | 25 M | 25 V | 25 L |
| 26 J | 26 S | 26 M CAP | 26 J | 26 D | 26 M | 26 M | 26 S | 26 L CAP | 26 J | 26 S | 26 M |
| 27 V | 27 D | 27 M | 27 V | 27 L CAP | 27 J | 27 J | 27 D | 27 M CAP | 27 V | 27 D | 27 M |
| 28 S | 28 L | 28 J | 28 S | 28 M CAP | 28 V | 28 V | 28 L CAP | 28 M CAP | 28 S | 28 L | 28 J |
| 29 D | 29 M | 29 V | 29 D | 29 M | | 29 S | 29 M CAP | 29 J | 29 D | 29 M | 29 V |
| 30 L CAP | 30 M | 30 S | 30 L | 30 J | | 30 D | 30 M | 30 V | 30 L | 30 M | 30 S |
| | 31 J | | 31 M | 31 V | | 31 L CAP | | 31 S | | 31 J | 31 D |